

**DIRECTIONS TO THE MID-COLUMBIA CENTER FOR LIVING  
THE DALLES OFFICE  
MENTAL HEALTH AND ADDICTIONS SERVICES  
419 East Seventh Street, Wasco County Annex A, 2<sup>nd</sup> Floor**

*Coming from the West:*

1. Take I-84 East to The Dalles
2. Take THE DALLES CITY CENTER EXIT
3. As you exit, continue straight (no stops/lights off exit)
4. Follow the road off to the right (it is the only way you can go)
5. After this turn – STAY LEFT (onto 3<sup>RD</sup> STREET/one way)
6. Take a **R** onto WASHINGTON (US Bank on the right), continue straight.
7. The road will curve sharply to the left onto 7<sup>TH</sup> STREET
8. Approximately 2-3 blocks after the sharp left look for the green & white sign that says “Wasco/Sherman Public Health; Center for Living; Watermaster; etc”
9. At this sign take a **L**– this will lead you up a one way drive way which spills into the Wasco County Annex Parking Lot.

*Coming from the East:*

1. Take I-84 West
2. Take THE DALLES CITY CENTER EXIT
3. At the stop sign off the exit ramp, take a left and cross back over the freeway
4. Go **R** at the next stop sign (actually the road will yield to the right), which is 2<sup>nd</sup> STREET.
5. Take a left onto WASHINGTON (US Bank on the right), continue straight.
6. The road will curve sharply to the left onto 7<sup>TH</sup> STREET
7. Approximately 2-3 blocks after the sharp left look for the green & white sign that says “Wasco/Sherman Public Health; Center for Living; Watermaster; etc”
8. At this sign take a **L**– this will lead you up a one way drive way which spills into the Wasco County Annex Parking Lot.