



Mid-Columbia Center for Living's Services Matrix

Vision: "Empower people to make positive changes."

Mission: "Provide comprehensive and culturally sensitive services in the least restrictive setting."

INFORMATION or REFERRAL: THE DALLES OFFICE: 1.541.296.5452 ■ HOOD RIVER OFFICE: 1.541.386.2620

COST of SERVICE: *Sliding fee scale available and some grant supported services are free.*

LOCATIONS:

Wasco County:

Wasco County Annex A, 419 East Seventh Street, Room 207, The Dalles, Oregon 97058

Lincoln Annex, 409 Lincoln, The Dalles, Oregon 97058:

(Housing Assistance Program, Assertive Community Treatment, Supported Employment, & The Cottage)

Third Street Building, 207 West Third Street, The Dalles, Oregon 97058:

(Children's Services and Developmental Disabilities)

Wasco County Annex C, 425 East Seventh Street, The Dalles, Oregon 97058

(Administration)

South Wasco County:

Maupin School Campus, 308 Deschutes Avenue, Maupin, Oregon 97037:

Services provided Wednesdays and every-other Friday

Hood River County:

1610 Woods Court, Hood River, Oregon 97031

Odell: Mid-Valley Elementary School, 3686 Davis Drive, Hood River, Oregon 97031

Cascade Locks: Cascade Locks Elementary School, 300 Wa Na Pa Street, Cascade Locks, Oregon 97014

Sherman County:

Services are provided in the county at the schools, senior center, our office located at 302 Scott Street, Moro, Oregon 97039

and/or other locations arranged by client and therapist.

Pendleton:

Regional Developmental Disabilities Office: 17 S.W. Frazer, Suite 387, Pendleton, Oregon 97801

WEB SITE: www.mccfl.org includes program information and other links and resources. The Mid-Columbia Center for Living (MCCFL) is a comprehensive outpatient behavioral health agency. MCCFL offers a wide range of services to adults, children and families. MCCFL is the designated behavioral health agency for Hood River, Sherman, and Wasco counties, providing services through a variety of programs funded by the State, local government, grants, and third party resources.

Translation services for non-English speakers and the hearing impaired are available upon request. Spanish speaking services are also available. Mid-Columbia Center for Living does not discriminate against any applicant for services or employment and/or any client, patient, resident, consumer or employee because of race, color, religion, sex, age, national origin, political affiliation, handicap or disability, or any other protected class status. ■

REFERRAL COORDINATORS:

Ethel Marquez (Hood River County): (541) 386-2620, ext. 2103 ■ Bobbie Napoli (Wasco County): (541) 296-5452, ext. 3236

Program	Description of Program	Contact
<p align="center">MENTAL HEALTH CRISIS SERVICES</p>	<p>24/7 crisis support for adults and children at risk to harm themselves and/or others, and/or an inability to care for oneself due to mental health problems. Walk-in crisis services in The Dalles and Hood River during normal business hours. After hours: face-to-face response at Hood River Providence Hospital in Hood River and Mid-Columbia Medical Center in The Dalles. Consultation on accessing higher levels of care and review of accessing hospitalization needs.</p> <p>ALL AGES</p>	<p>Al Barton, Clinical Services Manager Hood River Office: 541-386-2620, Ext. 8136</p> <p>Shira Skybinskyy, Clinical Supervisor The Dalles Office: 541-296-5452, Ext. 4343</p>
<p align="center">MOBILE CRISIS</p>	<p>The goal of this program is to engage persons in their least restrictive natural settings with the intention of reducing time spent with Law Enforcement and time using local emergency room resources with the hope of engaging persons in earlier stages of crisis and enroll them into mental health and or alcohol and drug treatment services.</p> <p>8:30AM – 10:00PM, Monday - Friday <i>24/7 mobile crisis coverage planned Fall 2016</i></p> <p>ALL AGES</p>	<p>Shira Skybinskyy, Clinical Supervisor The Dalles Office: 541-296-5452, Ext. 4343</p> <p>Scott Hines, Crisis Worker Hood River Office: 541-386-2620, Ext. 2124</p> <p>Cynthia Kountz, Crisis Worker The Dalles Office: 541-296-5452, Ext. 3245</p> <p>Jennifer Weltin, Crisis Worker The Dalles Office: 541-296-5452, Ext. 5122</p> <p>Tamara Salinas, Case Manager The Dalles Office: 541-296-5452, Ext. 3247</p>
<p align="center">MEDICATION MANAGEMENT</p>	<p>Psychiatrists assess, prescribe and monitor medications when indicated to help reduce psychiatric symptoms and improve functioning. Our nurses assist in monitoring, teaching medication compliance and dispensing medications. Medication management services are prioritized for persons with Oregon Health Plan or who are without insurance. Those persons with private insurance will need to call their insurance provider ahead of contacting MCCFL to ensure psychiatric services at MCCFL are covered. Persons requesting medication management are first provided a mental health assessment by a mental health specialist and are then seen by a mental health therapist prior to seeing a psychiatrist for medication management.</p> <p>PSYCHIATRIC SERVICES ARE AVAILABLE TO BOTH CHILDREN AND ADULTS</p>	<p>Dr. Jim MacMillan, Psychiatrist/Medical Director Dr. Dan Ferber, Child Psychiatrist Diana Bailey, MSN, Nurse Care Supervisor Katrina McAlexander, PMHNP Lynette Alber, PMHNP Erin Howland, RN</p>
<p align="center">MENTAL HEALTH SERVICES FOR ADULTS</p>	<p>Outpatient Services include group and individual therapy; case management services; referral to inpatient and residential services for people; consultation and education services in the community. Crisis services are available 7 days a week for immediate assessment and intervention.</p> <p>18 YEARS+</p>	<p>Janie Popour-Hogue, Clinical Services Manager The Dalles Office: 541-296-5452, Ext. 8135</p> <p>Fred Williams, Clinical Supervisor The Dalles Office: 541-296-5452, Ext. 3287</p> <p>Lisa Makinson, Clinical Supervisor Hood River Office: 541-386-2620, Ext. 2131</p>

Program	Description of Program	Contact
ADULT MENTAL HEALTH INITIATIVE (AMHI)	<p>Statewide Initiative: Adult Service Coordinator assists adults with mental illness to live successfully in the community. Primarily work with adults from our communities currently residing at a state hospital or licensed community based setting or under a civil commitment.</p> <p>18 YEARS+</p>	<p>Monique Adams, Program Supervisor Hood River Office: 541-386-2620, Ext. 2131</p> <p>Heather Clemence, Enhanced Needs Care Coordinator Hood River Office: 541-386-2620, Ext. 2152</p>
COMMUNITY SUPPORT SERVICES	<p>Consumer Drop In Center. (The Cottage) is a consumer driven and peer supported program which offers skill building activities and social networking for adults. The program offers a wide range of experiences including fund raising for activities and trips chosen by the membership.</p> <p>18 YEARS+</p> <p><i>The Cottage is located in the Lincoln Annex – 409 Lincoln in The Dalles.</i></p>	<p>Jeremy Anderson, Program Supervisor Lincoln Annex: 541-296-5452, Ext. 4342</p> <p>Becki Fischer, Case Manager Lincoln Annex 541-296-5452, Ext. 4280</p> <p>Al Barton, Clinical Services Manager Lincoln Annex: 541-296-5452, Ext. 8136</p>
CASE MANAGEMENT SERVICES	<p>MCCFL Case Managers work with individuals and families to plan for, identify and obtain services and supports. Case Managers also monitor service delivery, advocate on behalf of individuals, assist with referral to other resources, coordinate between the many different service systems, investigate allegations of abuse and provide protective services.</p> <p>18 YEARS+</p>	<p>Monique Adams, Program Supervisor Hood River Office: 541-386-2620, Ext. 2208</p> <p>Al Barton, Clinical Services Manager Lincoln Annex: 541-296-5452, Ext. 8136</p>
ASSERTIVE COMMUNITY TREATMENT (ACT)	<p>ACT is an Evidence-Based Practice Model designed to provide treatment, rehabilitation and support services to individuals who are diagnosed with a severe mental illness and whose needs have not been well met by more traditional mental health services. The ACT team includes a therapist team leader, case manager, psychiatric mental health nurse practitioner, nurse and supported employment specialist.</p> <p>18 YEARS+</p>	<p>Liz Barteld, Program Supervisor Lincoln Annex: 541-296-5452, Ext. 4341</p> <p>Erin Howland, Nurse Lincoln Annex: 541-296-5452, Ext. 4322</p>
CREEKSIDE RESIDENTIAL TREATMENT FACILITY	<p>Creekside is a mental health residential treatment facility serving men and women in nine residential beds and three short-term crisis resolution beds. Creekside is located in The Dalles and provides 24 hour, seven-day a week quality care. www.columbiacare.org Creekside is located at 1021 West Ninth Street in The Dalles.</p> <p>18 YEARS+</p>	<p>Al Barton, Clinical Services Manager Lincoln Annex: 541-296-5452, Ext. 8136</p> <p>Monique Adams, Program Supervisor Hood River Office: 541-386-2620, Ext. 2208</p> <p>Bill Byers, Administrator 541-298-1920</p>
HOUSING ASSISTANCE SUPPORT (HAS) PROGRAM	<p>Housing Assistance Support (HAS) Program is a grant program partnered with Mid-Columbia Housing Authority (MCHA) that is promoting scattered site housing, provides a rent subsidy to qualified individuals up to \$650.00 per month and can be open to folks with mental illness who are enrolled or not enrolled in MCCFL services. Can be assessed through a referral form to MCHA or MCCFL.</p>	<p>Monique Adams, Program Supervisor Hood River Office: 541-386-2620, Ext. 2208</p> <p>Lacey Nichols, Housing Specialist The Dalles Office: 541-296-5452, Ext. 4355</p>

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<p align="center">SUPPORTED EMPLOYMENT</p>	<p>Supported Employment is an evidence-based approach for people who have a severe mental illness in their efforts to achieve steady employment in mainstream competitive jobs, either part-time or full-time. Services include training and assessment, applicant screening, job development/placement, and job coaching at no cost to the employer or potential employee for enrolled mental health clients.</p> <p>18 YEARS+</p>	<p>Jeremy Anderson, Program Supervisor Lincoln Annex: 541-296-5452, Ext. 4342</p> <p>Cheryl Rhodes, Employment Specialist The Dalles: 541-296-5452, Ext. 4265</p> <p>Kim Plummer, Employment Specialist The Dalles Office: 541-296-5452, Ext. 4260</p> <p>Michelle Harvey, Employment Specialist The Dalles Office: 541-296-5452, Ext. 4263</p>
<p align="center">ENHANCED CARE SERVICES (ECS)</p>	<p>Adult secure residential treatment program at the Hood River Care Center. Clients are primarily referred by the State from Oregon State Hospital or other ECS programs. Services include assessment, treatment planning, individual and group therapy, activity therapy, rehabilitation and skills training, behavioral management, medication management, and community transition services. Therapeutic activities are designed to improve social functioning and promote community integration. Hood River Care Center is located at 729 Henderson Road in Hood River.</p> <p>ADULTS</p>	<p>Janie Popour-Hogue, Clinical Services Manager The Dalles Office: 541-296-5452, Ext. 8135</p> <p>Cecile Connelly, Clinical Supervisor Hood River Office: 541-386-2620</p>
<p align="center">EARLY ASSESSMENT AND SUPPORT ALLIANCE (EASA)</p>	<p>Services to teens and young adults with symptoms of psychosis. Emphasis is on early diagnosis and treatment to provide the most effective support and treatment so they can be successful in life.</p> <p>15-TO-25 YEARS</p>	<p>Liz Barteld, Program Supervisor Lincoln Annex: 541-296-5452, Ext. 4325</p> <p>Kristen McCaffrey, Mental Health Specialist The Dalles, 541-296-5452, ext. 2162</p>
<p align="center">PEER TO PEER</p>	<p>Transition age youth and young adults are offered supports to achieve their life goals such as education or jobs or building satisfying relationships. <i>'Recovery in Peer Support comes through seeing ourselves as human beings, the same as anyone else, rather than as mental patients. We begin to do this by practicing relationships in Peer Support in a different way'.</i></p> <p>18-TO-24 YEARS</p>	<p>Jeremy Anderson, Program Supervisor Lincoln Annex: 541-296-5452, Ext. 4342</p>
<p align="center">FAMILY SERVICES</p>	<p>Services for children and youth who are experiencing emotional and/or behavioral challenges. Diagnosis and assessment, outpatient therapy (individual and group), crisis services and referral to residential and hospital services.</p> <p>2-TO-17 YEARS</p>	<p>Lisa Roth, Clinical Services Manager The Dalles Office: 541-296-5452, Ext. 8138</p> <p>Naomi Mayo, Clinical Supervisor The Dalles Office: 541-296-5452, Ext. 7720</p> <p>Julie O'Donnell, Clinical Supervisor Hood River Office: 541-386-2620, Ext. 2110</p>

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<p align="center">WRAPAROUND SERVICES</p>	<p>The Wraparound Initiative is a tri-county service for youth & families who are involved in two or more systems (mental health, DHS, juvenile justice, schools, etc.) and where the youth is at risk. Referrals will be sent to the site lead and reviewed by the Wraparound Referral Committee and will be determined on an individual basis.</p> <p>0-to-18 YEARS</p>	<p>Lisa Roth, Clinical Services Manager The Dalles Office: 541-296-5452, Ext. 8138</p> <p>Julie O'Donnell, Clinical Supervisor Hood River Office: 541-386-2620, Ext. 2110</p> <p>Becci Crane, Wraparound Care Coordinator</p>
<p align="center">INTENSIVE COMMUNITY-BASED TREATMENT SERVICES</p>	<p>ICTS is based on system-of-care principles of family and partner involvement. It includes intensive services for children's mental health needs, including Psychiatric Residential Treatment and Day Treatment. A youth needing intensive services will be referred for ICTS and will have a CASII screening tool completed.</p> <p>2-TO-17 YEARS</p>	<p>Lisa Roth, Clinical Services Manager The Dalles Office: 541-296-5452, Ext. 8138</p> <p>Naomi Mayo, Clinical Supervisor The Dalles Office: 541-296-5452. Ext. 7720</p>
<p align="center">INTELLECTUAL AND DEVELOPMENTAL DISABILITIES</p>	<p>Service Coordination to adults and children with Intellectual and Developmental Disabilities. Services include residential, foster care and supported living programs, K-Plan in home services, and supported employment services. Referrals to support services brokerage. Investigate allegations of abuse and provide protective services. MAJOR PARTNERS: Center for Continuous Improvement, Inc., Opportunity Connections, & Eastern Oregon Support Services Brokerage.</p> <p>Eastern Oregon Regional Developmental Disabilities program serves adults and children with intellectual/developmental disabilities within a 14-county service area. Individuals must be enrolled in local DD services in their home county and referred to the Regional Program by their Services Coordinator or brokerage Personal Agent. Services provided include: behavior consultation, client needs assessments, resources to stabilize crises, and referrals for new services and placements when necessary. Regional Program staff also provides Oregon Intervention System training and mentoring for new OIS instructors within the region.</p> <p>SERVICES ARE OFFERED TO BOTH CHILDREN AND ADULTS</p>	<p>Lowell Linder, Program Manager The Dalles Office: 541-296-5452, Ext. 7750</p> <p>Regional Crisis Diversion: Alice Massey, Program Manager Regional Office (Pendleton) 1-541-278-8668</p>
<p align="center">FAMILY DEPENDENCY COURT SERVICES</p>	<p>Provide safe and permanent placement for children by treating parent's addiction and fostering recovery, parenting skills training and improving living situations. Court oversights, Family Dependency, AOD counselors, Care Coordinator, DHS Child Welfare Staff, & Juvenile Justice Staff.</p> <p><i>Funded by the Byrne Grant</i></p>	<p>Pepe Quintanilla, Program Manager Hood River Office: 541-386-2620, Ext. 2216</p>
<p align="center">ALCOHOL & OTHER DRUG TREATMENT SERVICES</p>	<p>Outpatient Treatment Services including assessments, intensive services, group and individual treatment, drug court services, DUI Services and after care. Restricted Driver's License. Residential services are arranged if appropriate. Prevention services are provided through contracts for Sherman and Wasco counties and include a wide variety of programs.</p> <p>ALL AGES</p>	<p>Pepe Quintanilla, Program Manager Hood River Office: 541-386-2620, Ext. 2216</p>

<p>GAMBLING ADDICTION PREVENTION</p>	<p>Program attempts to reduce the incidence of problem gambling through a variety of educational interventions which help people understand the nature of problem gambling (gambling that causes psychological, physical, social or vocational disruptions in the lives of people for whom gambling is an issue); the risk factors and warning signs; and sources for treatment and support. Treatment includes individual and group therapy and arranges residential care when indicated.</p> <p>ALL AGES. FREE SERVICES AVAILABLE FOR FRIENDS AND FAMILY MEMBERS OF PROBLEM GAMBLERS.</p>	<p>Pepe Quintanilla, Program Manager Hood River Office: 541-396-2620, Ext. 2216</p>
<p>JAIL DIVERSION</p>	<p>The Jail Diversion program is to keep clients from further involvement with the legal system. Unlike many programs such as supportive employment or ACT, Jail Diversion is a brand-new program with a lot of latitude and no template on how to perform the services and activities in our community. Jail diversion will focus on keeping people out of jail, shortening their time incarcerated and collaborating with the key people involved in the legal system to avoid recidivism.</p>	<p>Shira Skybinskyy, Clinical Supervisor The Dalles Office: 541-296-5452, Ext. 4343</p> <p>Stephen Bradley, Jail Diversion Specialist 541-296-5452, ext. 4335</p> <p>Jim Good, Jail Diversion Specialist 541-296-5452, ext. 5110</p> <p>Katrina McAlexander, PMHNP Lincoln Annex: 541-296-5452, Ext. 4320</p>
<p>NORTHERN OREGON REGIONAL CORRECTIONAL FACILITIES ("NORCOR")</p>	<p>Mental Health counseling, referral and assessment services at Regional Adult Jail and Juvenile Detention Correction Facility Complex. Program is funded by NORCOR to provide assistance and intervention for inmates with mental health needs and provide referrals to treatment.</p> <p>AGE: BOTH ADULT AND JUVENILE</p>	<p>Al Barton, Clinical Services Manager Hood River Office: 541-386-2620, Ext. 8136</p> <p>Stephen Bradley, Jail Diversion Specialist 541-296-5452, ext. 4335</p> <p>Jim Good/Kathleen Gida, NORCOR Medical Office 541-296-5452, ext. 5106</p>