

Tri-County Mental Health Board

Meeting Minutes: December 11, 2018

IN ATTENDANCE: Sherman County Commissioner Tom McCoy
 Wasco County Commissioner Scott Hege
 Barb Seatter MCCFL Executive Director
 Mel Heuberger MCCFL Accounting Manager
 Angie Millard, MCCFL Executive Assistant
 Valerie Bellus, MCCFL, Office Manager

Approved

GUESTS: None

TOPIC	KEY DISCUSSION POINTS	ACTION/TASK/DECISION LOG	RESPONSIBLE PARTY	DUE DATE
COMMUNITY MEETING	Everyone participated in the community meeting			
APPROVAL OF MEETING MINUTES	The November 26, 2018 Tri-County Mental Health Board Meeting Minutes were approved as written and presented at 11:17 AM	<i>Motion: Commissioner McCoy Second: Commissioner Hege Approve: Unanimous</i>		
PUBLIC COMMENT	There was no public comment			
ADDITIONAL AGENDA ITEMS	Sobering/Stabilization Center Update – Al reported that the CGHC who helps advise PacificSource with identifying health priorities have targeted three priorities which included older adults, childhood obesity, and behavior health crisis/detox service shortages. Al stated that CGHC hired a consultant group to help identify the issues, and define what the problem is including how many people are affected. MCCFL paid for an initial study conducted by 3 Rivers Mediation through a grant received from PacificSource, and the data from both are being utilized to determine feasibility and scope of a stabilization center. Commissioner McCoy asked when they expect a report from the consulting firm, and Al stated that he believes it is due to CGHC early spring of 2019. Commissioner McCoy	Share mini study, and future updates with board members	Al	

	<p>stated that he is interested in learning about their findings. Al stated that he will share the initial study, and any updates received with board members. Barb reviewed some of the challenges with the state hospital that is highly scrutinizing admits. Commissioner McCoy stated that a stabilization center may help alleviate some of these difficulties. Commissioner asked if the primary reason for a state hospital denial is due to the facilities lack of space, or if it is due to the individual not meeting criteria. Barb stated that currently it is due to the individual not meeting the highest criteria and is under there is legislative discussion about lowering the bar for meeting criteria, but if it is lowered it may result in space availability issues. Members discussed issues surrounding psych medications and whether individuals can be forced to take them. Commissioner Hege asked if there is any data available to show what percentage of individuals could function normally if they take their medication. Barb stated that she did not know the answer, but could attempt to gather the data.</p>			
<p>EXECUTIVE DIRECTORS REPORT</p>	<ul style="list-style-type: none"> • Legislative Priorities: Barb presented the list of priorities included in the meeting packet with detailed explanations. Members had the opportunity to ask questions or give feedback. Commissioner McCoy asked who the most involved legislators were. Barb stated that it varies depending on who is doing the LC's, or who sits on leadership committees, like ways and means. • PacificSource Contract Update: Barb reported that during a meeting with PS last Friday discussions began for 2019 rates. Discussion points included concerns about the acute care risk for all members of Pacific Source regardless if they are enrolled with MCCFL. Alternative payment models will be reviewed and we will use work that was completed in Central Oregon last year to see if that funding model would be acceptable to MCCFL. We also discussed the increase in administrative burden for activities that PS delegates to MCCFL. A few are redundant, with both agencies doing the work. We will look to streamline some of these in the next contract. • Fixing Health Care: Barb presented the PowerPoint presentation to AOCMHP by Dale Jarvis in November. Barb explained that one of the points of the presentation is that in order to succeed Behavioral Health organizations/agencies need to grow in volume, and suggests that health care, and mental health services will need to merge to be successful financially and to conduct sound integrated care. It has become more clear over the past few years that integration on a limited basis is not financially sound and that it makes 			

	<p>better sense to merge a BH and other medical clinic rather than to recreate a new program in each. The board discussed whether or not a merge with another physical health entity in the regions was something that MCCFL should consider in the future. Other considerations from the presentation included the pros and cons of Alternative Payment Models. Similar to metrics, they tend to focus services on the payment rather than the quality of care, and come with a large administrative burden. They are intended to do both but rarely do. Members agreed that more information is needed regarding pursuing merging with another entity, but were interested in the possibility to improve growth, quality of care, and financial stability. Barb agreed to do investigative work with the MCCFL attorney and other entities to pursue more information about logistics of an intergovernmental agency growing in this way.</p>			
NEW BUILDING TOUR	Members departed for a new building tour at 12:30 PM.			
	Meeting adjourned at 12:30 PM			
NEXT MEETING	December 11 th 2018 11:000 AM – 2:00 PM			